

Daily Word



A UNITY PUBLICATION

JUNE 1957

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

•

PRAYER FOR ILLUMINATION (11 a.m.): The joy of the Lord wells up within me, and I am inspired and uplifted.

•

PRAYER FOR PROSPERITY (12 noon): I am open and receptive to the joy of the Lord, and prosperity overflows into my affairs.

•

PRAYER FOR HEALING (9 p.m.): I am thrilled with the joy of the Lord, and every nerve, muscle, and cell tingles with health.

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Living on Purpose

J. SIG PAULSON

DO YOU want to be successful and happy? Do you want to live richly and joyously? Do you want to be a radiant, growing, healthy human being, a vital, effective representative of God on earth? Of course you do! Then it will be well worth your while to take the time to establish a real purpose in your life. You, and only you, can do it.

The most important element in successful, happy living is singleness of purpose. This is true in any field, whether it be business, politics, human relationships, or spiritual growth. Take a close look at the successful, happy men and women in your life, and you will find that they have one quality in common—purpose. They have a goal that they want to attain in life. Their sights are trained on an objective to which they are willing to devote their strength, their thinking, their faith, their love, their enthusiasm, their prayers, their talents, and their abilities. They gladly give up certain pleasures, which may seem highly important to others, they will even endure seeming

hardships and inconveniences in order to further the purpose to which their lives are dedicated.

A little observation will disclose that failure and frustration have a common denominator—lack of purpose. The individual who admits failure is really saying that he does not have a purpose big enough to make him willing to keep trying, to keep praying, and to keep working to overcome whatever obstacles seem to be in the way of his success. True purpose does not recognize failure as having reality or finality. Reportedly when Napoleon was told that it was impossible for an army to cross the Alps, he replied, "There shall be no Alps." It is indeed true that there are no "Alps," no difficulties of any kind that can long block a man or woman with a real purpose in life. Success or failure is not dependent on the number and size of obstacles, but on the sincerity and intensity of one's purpose. Real purpose calls forth the wisdom, strength, and energy needed for its own fulfillment.

There are countless geniuses buried in the ruts of mediocrity simply because they have never found a purpose in life that would focus and give direction to their talents and abilities. A purposeless life is marked by frustration, indecision, disorder, futility, and chaos. It may well be filled with activity, but activity without direction—a

ship without a destination, an arrow without a target. The purposeless individual is nearly always stuck in one of the intersections of life, trying desperately to decide which way to go. Since he has no clearly defined purpose or goal in life he has much difficulty choosing the road to follow. To him, no direction or way is really more important than any other, because he has no destination in mind. He usually remains unhappily in a state of indecision until an event, person, or circumstance comes along to bump him onto some side alley of life, where he remains until something else comes along to force him back to another intersection, another decision. Unless an individual has a purpose of his own, he always has to make way for the person who does.

Purpose enables an individual to deal effectively with life because it equips him to reach decisions and to meet quickly every experience that comes to him. Once a purpose is established in one's life, all other things fall in line with it.

For example, a certain businessman very clearly defined his purpose for being in business in these words: "My purpose for being in business is to make money." By making this purpose his objective, he did make a great deal of money. He simply refused to spend any time or effort with any product or business association that would

not contribute to his purpose. While we all readily admit that there are higher purposes than making money, the principle worked.

Another illustration is that of a young man who decided that his purpose in life was to become a doctor. Unlike his companions in school, who were undecided whether to become engineers, professional football players, or actors, the doctor-to-be found it relatively easy to outline his schedule of studies. He merely picked out the subjects that fitted in with his purpose of being a doctor.

Everyone who is capable of reading these words has the ability to live a successful, happy, worthwhile life. He has the ability to set up for himself a purpose that is big enough to call forth the talents and abilities that are within him. Our talents and abilities are gifts of God to us, but we must make the choice of our purpose in life.

If you are not satisfied with your achievements in life, if you want to live more deeply and richly, take a good look at the purpose that should be your life's foundation. To begin with, ask yourself these questions: "Do I have a real purpose in life? Does each morning find me eager to spring into the day's activities—inspired and strengthened by a purpose that calls forth the best in me; does each night find me happy that

I made progress toward the high goal of my life?" A sincere examination of your answers to these questions will reveal a great deal about your purpose, or lack of purpose, in life.

Now take another step. Get a pencil and paper and write these words: "My purpose in life is . . ." Then in a sentence or two try to state clearly what your purpose in life is. Be honest with yourself. You cannot fool God and you do not want to fool yourself. This can well be the most important step you have taken in your life. If you find it difficult to outline your purpose in life, do not be discouraged. Take a segment of your life for a little practice. Start out this way: "My purpose for this hour is . . ." Pray about it; ask God to reveal your purpose in life. Take your time, but keep at it until you have found a definite purpose. (Most of us have given more time, effort, and thought to the clothes we wear than to our purpose in life.) If you are faithful in your efforts, you will be amply repaid by the new sense of direction in your life. You will find that your thinking and your activities are in order and more effective than ever before.

But you are not through yet. You have a more important step to take. Make a real study of the most purposeful life ever lived—that of Jesus. Read the Gospels in the New Testament. Do not

take someone else's word for it; make the search for yourself. Pay particular attention to His words; take them into your heart and meditate on them.

Jesus, with His wonderful perception, realized that there is only one real purpose for man, and He stated it in these immortal words: "Ye therefore shall be perfect, as your heavenly Father is perfect." Does this sound like an impossible attainment? It is not. Jesus knew perfectly well what He was talking about. The one purpose of man is to bring forth the God perfection that is within him. No lesser purpose can bring happiness and satisfaction to the human soul. Nothing less than this high ideal is worthy of being your purpose in life. Study these words of Jesus; pray about them; ask God's teaching Spirit within you to reveal their true meaning to you. Every day they will become more significant and clear to you; they will become a beacon in your mind and heart.

Now go back to the statement you have been working with, the one beginning: "My purpose in life is . . ." Complete it in this manner: "My purpose in life is to be perfect as my heavenly Father is perfect." Or put it this way: "My purpose in life is to bring forth the God perfection that is within me," or "My purpose in life is to live up to my God potential." When you have

stated this purpose in the words that mean the most to you, use the statement constantly. Repeat it to yourself before you go to sleep at night, before you get up in the morning. Say it when you are tempted to be irritable, resentful, or unforgiving. Remind yourself of it whenever you have a decision to make, a difficult experience to meet. Say, "My purpose in life is to be perfect as my heavenly Father is perfect, and my decision will be made on this basis," or "I will meet this experience in accordance with my divine purpose, which is to express God." You will be amazed at the resources of love, faith, and wisdom that your purpose will call forth. The power of God is at work to undergird and fulfill your purpose.

Start to evaluate the way you use your time and effort in the light of your new-found purpose. Ask yourself, "Am I expressing God in this activity or interest?" You will find that as you seek to "be perfect, as your heavenly Father is perfect," your time will not be wasted, your efforts will be productive, and more vital interests and activities will open to you.

Another discovery you will make is that the work and the mechanics of living (business activities, social contacts, and the like) will no longer be objectives in themselves, but will become channels through which you can fulfill

your real purpose in life. And life itself will become meaningful, satisfying, and rich beyond measure.

God created you with a great purpose in view—to give expression to His own infinite Spirit. Accept His purpose as your own, and begin now to live gloriously, triumphantly, eternally!

AN INVITATION FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, Unity, WUX, Kansas City, Missouri, by telephone BAltimore 1-4720, Kansas City, Missouri, or by letter, Silent Unity, Lee's Summit, Missouri.



Dear Friends ...

The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.

From Michigan:

I want to tell you how much I appreciate the invitation that is extended in DAILY WORD to all those in need of urgent prayer to call the telephone number that is given. I have read this little invitation many times but never thought I would really need to use it in a hurry.

One evening right after Christmas, my son called and told me that they had taken their

baby to the hospital with what the doctors described as polio. At first I was heartsick to hear the news but before the conversation was over I assured my son that we would pray to know the Truth about the baby. Right away the little invitation notice flashed through my mind. I called the operator and gave her the number listed, and it was just a few seconds before I heard a pleasant voice say "Silent Unity." She assured me of God's loving care and of the life-giving power of God that was flowing through the baby. I felt so relieved and never doubted a minute thereafter but that he would be healed.

Even though the child had all the outward appearance of polio, the doctors gave him a spinal test and it proved negative. Thank you so much for your prayers for my little grandson. He is well and happy again, and we are so grateful.

From Oklahoma:

I wrote to you for prayers for my friend's daughter, who was in an accident. Her face was badly cut and her teeth knocked out. I went to see her two weeks ago, after she had come home from the hospital, and when I saw her it made me sick. But I knew that through

prayer God would heal her face and make it prettier than it was before. There were a lot of people there whose thoughts were different. They said they knew that her face was going to be like that the rest of her life, and since the girl was only sixteen, they felt so sorry for her.

Well, I knew that God does wonderful work and He can do all things. My friend told me that she knew I had a lot of faith in prayer and that she believed what I had said about her daughter.

We went to see the girl a week ago, and I couldn't believe my eyes. Her face did not look the same as it had before, but I thought she was one of the prettiest girls I had ever seen and I had to tell her so. She smiled at me and said, "Thank you," and she seemed much closer to me.

When she went to the doctor last week, he told the mother and father it was a miracle how her bones had knitted together in her face. I know it was through prayer that God did this wonderful work. God bless you for your prayers.

CAST THY BREAD UPON THE WATERS

We must not only be fruitful,
but

we must abound in fruitfulness.

—Henry Ward Beecher

JUNE 1

Saturday

GOD LOVES ME AND APPROVES OF WHAT I DO.

MANY TIMES we go through life feeling and acting as though we were under a cloud of disapproval. Perhaps as small children we misconstrued the guidance and direction of our parents as disapproval of us, and we carried forward a feeling that we were not measuring up.

Many, many persons have found freedom from feelings of unworthiness by saying to themselves, "God loves me and approves of what I do." We cannot work effectively and creatively when we are weighed down with feelings of unworthiness. We cannot enter into life joyously and freely, giving and receiving love and understanding, if we do not approve of ourselves. The beginning of self-approval is the realization in us that we are first and foremost children of God, that God has put His Spirit in us. If you need to be more confident in your approach toward life, take this idea and make it your own: "God loves me and approves of what I do."

*If thou, Jebovab, shouldest mark iniquities,
O Lord, who could stand?*

—PSALMS 130:3.

MY LIFE IS TRULY VERY GOOD.

TO DAY I take time to look about me at all the wonderful, beautiful blessings God has given me, and with Him I declare, "Behold, it is very good."

I have much to be grateful for. My life is filled with many good things, and I am glad that I live in this wonderful world.

The few difficulties that cross my path from time to time are nothing at all compared with the divine blessings that fill my cup to overflowing every moment of my existence.

How grateful I am for all the comforts of life that make my days so pleasurable! For air to breathe; for water to drink; for good of such wonderful variety; for my faculties; for the intelligence that governs the activities of my body with such marvelous precision—for all these, and more, I am grateful.

I resolve today that, with the help of God, I will never again complain about anything, for behold, my life is truly very good.

I am thankful.

♦ *The earth is the Lord's and the fulness thereof.—I COR. 10:26.*

Monday

IN QUIETNESS AND IN CONFIDENCE SHALL BE MY STRENGTH. MY TRUST IS IN GOD.

NO MATTER what I have to do today, this prayer will see me through successfully. No matter how great the need or how troubled I feel, I will take time now to be quiet and to place my trust in God. I know that I will be strengthened and receive fresh courage as I quiet my thoughts and turn my attention to God. I know that He cares for me, that He is the source of my guidance, patience, wisdom, and ability.

My mind becomes peaceful as I cease my attempts to solve my problems alone and turn everything over to God. I open my mind to His light and pray for wisdom and direction in doing my part.

My trust is in God. This is my constant realization and my staff upon which I lean. No matter what I do, I do it trusting in God. I place my affairs in His hands. I place my dear ones in His care.

I feel the peace of God in my heart. I feel the strength of God in my entire being.

♦ *In quietness and in confidence shall be your strength.*
—ISA. 30:15.

Tuesday

JUNE 4

IN GOD I LIVE AND MOVE AND HAVE MY BEING.

ALL OF us at times find ourselves in circumstances in which we feel separated from all that has made life seem secure and right. It is at these times we need to know that we live and move and have our being in God, that we are never separated from His strengthening, sustaining, guiding Spirit.

It may require a dedicated application of thought and prayer in order to feel the assurance of God's presence when life seems strange and challenging. But it is forever true that wherever we go, in whatever circumstances we find ourselves, God is with us. Through His Spirit in us we are able to weave new patterns of life, new patterns of beauty and satisfaction.

When a person begins to look at new circumstances in the faith that he can meet them and discover the good in them, when he accepts himself as a creative part of the environment he finds himself in, he experiences in an unforgettable way the truth that wherever he is, he is one with God.

♦ *For in him we live, and move, and have our being.*
—ACTS 17:28.

GOD CREATED US TO LIVE.

WE CANNOT remind ourselves too often that God's will for us is health, that He created us to live. Even in the face of disease, even when the will to live seems to falter, still something in every one of us hears the call to life.

We quicken our awareness of God's life in ourselves by affirming that we truly do live in God, that His life animates the cells of our bodies, that His life is our life, that His breath is our breath.

When we are praying for someone else who may seem to need healing desperately, let us keep faith in God's life. Let us also keep faith in the Spirit that is the unfailing source of life and wholeness. When we pray for another let us bless him in the realization that God's will for him is health; let us know that the Spirit of God is strong in him, let us know that even as we pray, healing, renewal, and restoration are taking place.

God created us to live.

♦ *For I have no pleasure in the death of him that dieth, saith the Lord Jehovah: wherefore turn yourselves, and live.—EZEK. 18:32.*

Thursday

JUNE 6

LET THERE BE PEACE IN MY LIFE, O FATHER,
AND LET IT BEGIN WITH ME.

PEACE is harmony in personal relations. Peace is a state of tranquillity and mutual agreement with our families, friends, and co-workers. All of us are seeking more peace in our lives. We want to live in harmony with others and we want to have inner and outer peace.

How can we achieve harmony in personal relations and live in mutual concord with others? The first step in having peace in our personal relations is to establish within ourselves a consciousness of peace. We can learn to rule ourselves by diligently training our minds and hearts in peaceful, loving ways.

If we do not always find it easy to be kind-hearted, thoughtful, and considerate of others, let us remember that the overcoming of negative states of mind takes time, effort, patience, and prayer. But when we begin to establish within ourselves a peaceful, loving consciousness, we do not walk alone. We have the unfailing help of God to strengthen us.

♦ *These things have I spoken unto you, that in me ye may have peace.*—JOHN 16:33.

JUNE 7

Friday

GOD'S LAW OF INCREASE IS ACTIVE IN MY AFFAIRS, AND I AM RICHLY AND BOUNTIFULLY PROSPERED.

IF I am to demonstrate greater abundance in my life and affairs, I must first recognize my oneness with God and with His substance, from which all things are made. As I recognize my oneness with Him I put myself in harmony with His law of supply; I open the way for the manifestation of the good that I need and desire. In the stillness of prayer I am shown what I can do; I am shown the steps I can take to bring forth increased prosperity in my life and affairs.

As God's child, I have been given the wisdom and the intelligence to bring into expression all that is needed for my well-being and comfort. Whatever my needs, I can, through prayer, open my mind to divine ideas. I can trust the guiding Spirit of God in the midst of me to inspire me with wisdom and good judgment in handling the supply that is already mine, and I can trust Him to open the way to greater good, greater blessings, greater opportunities.

* *And my God shall supply every need of yours according to his riches.*—PHIL. 4:19.

Saturday

JUNE 8

DIVINE ORDER IS ESTABLISHED IN ME AND IN MY AFFAIRS. I AM IN MY RIGHT PLACE AT THE RIGHT TIME.

IN GOD's perfect plan for His creation everything is in its right place. In God's perfect plan there is a right time and a right place for everything.

Through prayer I put myself in tune with God and make myself open and receptive to His perfect plan, to His good will and purpose. I place myself and my affairs under His direction and guidance. I let His divine order govern me so that the idea of perfect time and place may be fulfilled in and through me.

I put myself in tune with God's perfect order and know that my good comes to me at the perfect time and in the perfect place. As I continually affirm divine order I open the way for the outworking of my highest good, and I am blessed with greater health and happiness, with greater success and prosperity.

Divine order is established in me and in my affairs. I am in my right place at the right time.

♦ *For everything there is a season, and a time for every purpose under heaven.*—ECCLES. 3:1.

INDWELLING CHRIST, TOUCH MY HEART WITH THY COMPASSION, AND HELP ME NOW TO FORGIVE AND LOVE EVERY PERSON WITH WHOM I HAVE BEEN OUT OF HARMONY.

THERE CAN BE no room for hurts or resentments in the hearts of those who would express the Christ love. We must keep our hearts swept clean of grudges, and shining with love and kindness all the time.

We cannot waste our precious energy in retaliating to unkind words and deeds. In the spirit of the Christ love we employ another method. We turn the other cheek. We give the soft answer. We bless those who criticize us and silently trust the justice of God to be our defense. No matter how another person may seem to be treating us, we behold only the beautiful Spirit of Christ that shines in his soul.

O indwelling Christ, touch our hearts with Thy compassion, and help us to love mankind with the same understanding, forgiving love of Jesus Christ.

♦ *Beloved, let us love one another: for love is of God; and every one that loveth is begotten of God.*—I JOHN 4:7.

Monday

JUNE 10

TODAY I PUT PRAYER INTO PRACTICE, AND BLESSINGS COME TO ME FROM EVERYWHERE.

SOME PERSONS feel hesitant about praying. They feel that they have never learned to pray properly and they scarcely know where to begin. Prayer is the most wonderful, and yet the most simple thing in the world. It may be defined as right thought—constructive thought, if you wish—followed by right feelings, right words, and right action.

You can learn to put prayer into practice. Every right thought is a prayer, and prayer is creative. Through prayer your entire life can be changed.

Prayer puts you in tune with God. It makes you a channel through which power and energy flow. It gives you a feeling of being secure and of being wanted and needed by your fellow men. Prayer fills you with an awareness of the love of God.

Keep your heart and mind open and receptive to God's presence by keeping your thoughts and feelings loving and constructive. Place yourself and your every desire in God's care and know that even now His Spirit is blessing you.

♦ *Pray without ceasing.—I THESS. 5:17.*

I EXERCISE THE POISE AND SELF-CONTROL THAT GOD HAS GIVEN ME.

YOU MAY admire the self-controlled person who is poised and not given to quick anger when something of a disturbing nature occurs. You may even say to yourself, with perhaps a trace of envy: "If I could only be self-controlled and not lose my temper, how much different life would be!"

You may think that you have no power over yourself or over the way in which you react to conditions and situations in your life, but you do have this power. God has endowed you with the qualities of mind and heart whereby you can develop the self-control and poise you admire in others.

There is an old saying: "When you pray, move your feet." When you embark on any self-improving project, it is important that you spend time in prayer and let the love, peace, and harmony of God fill your mind. Prayer will encourage and strengthen you. Action will then follow prayer. You will begin to act differently and you will begin to be understanding of those around you.

♦ *He that is slow to anger is better than the mighty.*
—PROV. 16:32.

2

CLOUDS ARE N



NEVER ALWAYS DARK!

Clouds are not always dark!
I have seen rose-feathered clouds
Pierced by the lance of the morning lark—
And clouds like white-sailed argosies,
Billowing in beauty over the trees,
Lazily drifting and floating by,
Lending their peace to the lake of sky.
On blue horizons, far away,
I have seen thunderheads—never gray,
But glistening, glowing, immaculate white!
I have watched them change in the evening light
To burning fire-opal, to flame and gold,
Color on color, like trumpets unrolled,
Until it seemed the heavens must sing,
And sheltered beneath such a radiant wing,
My soul rejoiced till I laughed aloud!
God spoke to Moses out of the cloud,
In words that were fatherly, wise, and kind,
And counseled by clouds that are silver-lined,
My own spirit lifts, and my wings can soar,
And God is blessing His own once more!

—Elizabeth Landeweir

Wednesday

JUNE 12

GOD'S WILL FOR ME IS HEALTH AND HARMONY.

GOD'S WILL for us, His children, is health and harmony, for He is the source of our life. Regardless of how longstanding some condition may be, it can be healed. God is our health.

It sometimes takes much patience and prayer to demonstrate health, but we can rise out of any condition, for "with God all things are possible." Let us affirm, "I have unshakable faith in God as my health."

In spite of appearances, we can claim our divine heritage of health by remembering that God created us perfect, whole, strong, and well. He implanted His Spirit within us. "Call unto me, and I will answer thee" is His promise.

God is with us. As we keep before us the idea of God as our health, our strength, and the source of our life, we will see the results of our faithful and persistent prayer. We will know, beyond the shadow of a doubt, that God is healing and restoring us.

♦ *For I will restore health unto thee, and I will heal thee of thy wounds, saith Jehovah.—JER. 30:17.*

THE CHRIST LOVE IN MY HEART INSPIRES ME TO HELP AND TO BLESS OTHERS.

IN THE busy lives we lead, most of us are so intent on our own progress and the things we are trying to accomplish that we sometimes fail to be aware of the needs of others. We often neglect to say and to do the things that would encourage and bless those about us. We are unaware of the needs and the longings of others unless they are pointed out to us.

But when we stir up the Christ love in our hearts and when we let this love find expression through us, we find that we become more compassionate, more understanding persons. When our hearts are quickened by the Christ love, we never become so engrossed in our own affairs that we are indifferent to others or thoughtless of their feelings.

The Christ love in our hearts prompts us to speak thoughtful and encouraging words; the Christ love inspires acts of kindness. The Christ love in our hearts makes us aware of our oneness with other persons.

♦ *This is my commandment, that ye love one another.*
—JOHN 15:12.

Friday

JUNE 14

GOD BLESS THIS DAY AND MY PART IN IT.

ACH morning the sun rises on a new day, a fresh and promising gift from God. As I awake I accept the day from Him with prayer, with praise, with thanks.

Today I exercise the right of choice. I choose with care that which I want to put into my day. I guard my thoughts and gently turn aside those that fail to measure up to the Christ standard. Whatever things are good, whatever things are true—these are the things I put into my day.

I guard my lips and speak only the constructive word; the praise-giving word; the word of love, of joy, of understanding.

I guard my actions. I make effective use of the hours, doing each job as it comes to hand, doing it with full measure of devotion and service, doing it for God. I make use of my talents, not hiding or suppressing them, but joyously putting them into use.

Today I take the time for silent meditation, for communion with God. I turn often to Him for guidance and strength.

♦ *This is the day which the LORD hath made.—PSALMS 118:24 (A.V.).*

14
JUNE 15

Saturday

I AM NOT ALONE. I HAVE THE PRESENCE OF GOD RIGHT WITH ME. I HAVE FRIENDS WHO ARE PRAYING WITH ME.

IF, as you read this lesson, you are beset by feelings of loneliness, will you remember that even as you read this page there are others who are reading it with you.

You have wonderful friends, the other DAILY WORD readers, to share your thoughts and feelings with, for you are thinking, learning, and praying together as you read and meditate on the ideas given here. And there is no bond that is stronger than the spiritual bond; there is no love that is deeper than divine love. You are linked spiritually with people everywhere; you are bound in love with others who, though they do not know you, think of you as a friend. Like the home center that binds a family together, Silent Unity, from which DAILY WORD emanates, is the spiritual center that binds you and the other readers together.

You are not alone. You have the presence of God right with you. You have friends who are praying with you. You are one in spirit and in thought with many, many people.

* *I in them, and thou in me.—JOHN 17:23.*

Sunday

JUNE 16

THROUGH GOD'S LOVE IN ME I AM ABLE TO LOOK BEYOND APPEARANCES AND SEE THE GOOD IN OTHERS.

JESUS' words are my guide in thinking about others. He said, "Judge not according to appearance, but judge righteous judgment."

To "judge righteous judgment" I need an understanding heart. I need to look beyond what seems to be and let Christlike thoughts take the place of harsh, critical thoughts. Even though the appearance may be anything but good, I will look beyond it and behold the goodness of God at work. Even though it may seem that I have been falsely accused or wrongly judged, I will treat others as I would have them treat me and will judge them righteously by seeing only the presence of God in them. I will not contend with others but will bless them and know that my justice comes from God.

When I lift my thoughts above appearances and see others as children of God, I help them and I attract better treatment to myself. I also obtain greater wisdom as I "judge not according to appearance, but judge righteous judgment."

♦ *Judge not according to appearance, but judge righteous judgment.—JOHN 7:24.*

JUNE 17

Monday

"I CAN DO ALL THINGS IN HIM THAT STRENGTHENETH ME."

MANY of us do not make any real progress in life because we do not realize and utilize the power that is within us. When we come into the realization of the Christ within us, when we realize the power that is within us, we lift the limitations we have put upon ourselves or on our ability to accomplish.

The Christ presence and power within us ever inspires us to press on. Regardless of what we may have felt was holding us back, in Christ we are free and unhampered. Christ in us is greater than our feelings of incapability or inefficiency; Christ in us is greater than our feelings of unworthiness.

Let us remind ourselves that we can do all things through Christ who strengthens us. Let us, through prayer, keep ourselves open and receptive to His love, wisdom, and power. When we do this we will free ourselves from thoughts of limitation; we will let go of past shortcomings and we will go forward with Christ into a productive, successful life.

♦ *I can do all things in him that strengtheneth me.*
—PHIL. 4:13.

Tuesday

JUNE 18

I AM A POWER FOR GOOD THROUGH MY FAITH AND PRAYERS. GOD NEEDS ME.

THERE IS no circumstance or situation in life that cannot be helped by breathing a prayer upon it. Even when it seems that there is nothing to do but stand by, we can stand by in faith and in courage; we can keep affirming ideas of life, truth, and perfection for everyone concerned.

God needs minds filled with faith; God needs hearts filled with love and compassion through which to bless and help His creation. Think of yourself as a channel through which God is working right now. Think of the thoughts of your mind as messengers of God, winging their way to bless, to encourage, to uplift. Think of the feelings of your heart as part of the lifeline of God.

No matter what situation you may have to meet, no matter what difficulties you or someone dear to you may encounter, you can be a power for good through your faith and prayers. God needs you.

*Their line is gone out through all the earth,
And their words to the end of the world.*

—PSALMS 19:4.

JUNE 19

Wednesday

I REJOICE IN THE KNOWLEDGE THAT GOD AND I ARE ONE, THAT HIS WILL FOR ME IS NEWNESS OF LIFE IN MIND AND BODY.

IF YOU HAVE been praying steadfastly and persistently for healing but without apparent results, let nothing divert you from holding to the idea that God's will for you is newness of life, newness of mind and body.

No matter what the appearances may be, continue to fill your heart and mind with the idea that you and God are one in life, light, and perfection. His healing power is in you.

Steadfastness of spirit and perseverance in faith will lift you high above discouragement, fear, and doubt.

Over and over say to yourself, "God's will for me is newness of life, light, and strength." Know that even as you speak the word, the transforming power of God is renewing, revitalizing, rebuilding, and restoring every cell of your being.

Rejoice in the knowledge that God and you are one. Rejoice that each moment you are renewed in mind and body.

♦ *Then shall thy light break forth as the morning, and thy healing shall spring forth speedily.*—ISA. 58:8.

Thursday

JUNE 20

THE ALL-ADJUSTING SPIRIT OF CHRIST IS NOW MIGHTILY AT WORK, ESTABLISHING PEACE AND HARMONY IN THE AFFAIRS OF ALL THE NATIONS OF THE EARTH.

ACCORDING to appearances, world conditions often seem to be of an alarming nature, and the rumors of war hang like storm clouds over humanity. But we are not afraid, for we know that God is overshadowing and infolding this entire planet with His love.

God created the world, and His Spirit is the only real presence and power in even the tiniest particle of creation. Not one bird can fall without His loving knowledge. God Himself is the very Spirit that animates each human soul—even the souls of those we call our enemies. These so-called enemies may not be aware of the divinity within them, but this divinity is there nonetheless, and will one day have its own beautiful way with them when willfulness has been exhausted. So there is nothing to fear.

The all-adjusting Spirit of Christ rules and reigns supreme in every nation.

♦ *Do not I fill heaven and earth? saith Jehovah.—JER. 23:24.*

JUNE 21

Friday

GOD LOVES ME; GOD NEEDS ME; GOD HOLDS
ME IN HIS HEART; I AM A BELOVED CHILD OF
GOD.

GOD IS not only the Spirit of love, but He is the loving presence and power within you and around you.

God is not only the Spirit of goodness, but He is the very warm and tender Spirit that watches over you and cares for you.

God's will of good for you is greater than your own desire for happiness, health, and prosperity.

God's Spirit of freedom in you is greater than any limitation. Your desire to be free is God's Spirit seeking expression through you.

God's Spirit of joy satisfies the longings of your soul.

"In the heart of man a cry,
In the heart of God, supply."

You cannot ever be outside God's loving care, for He is with you wherever you are, wherever you go, whatever you do.

You become receptive to God's love by acknowledging His presence and surrendering to Him.

♦ *The Father himself loveth you.—JOHN 16:27.*

Saturday

JUNE 22

GOD'S LOVE EXPRESSES ITSELF THROUGH ME AS UNDERSTANDING AND TOLERANCE. I AM FREE FROM THE TENDENCY TO CRITICIZE OR TO FIND FAULT.

WE CAN free ourselves from the tendency to be critical of others and to find fault with them if we will look at others through the eyes of love. We sometimes fail to realize that we have fallen into the habit of faultfinding and criticism. We may think we are concerned about the welfare of others and we may think we are helping them by pointing out their shortcomings, but we do not help others by criticism or faultfinding.

We do not help others by attempting to mold them into patterns of behavior that meet with our approval. We help other persons most by remembering that they, too, have God's Spirit in them. Our faith in them as spiritual beings, our understanding of them, our love for them not only helps and blesses them, but increases our own spiritual understanding. We cannot bless others without blessing ourselves at the same time.

Today let us express God's love.

♦ *I will love freely.—Hos. 14:4.*

JUNE 23

Sunday

I AM SERENE, POISED, AND AT PEACE IN GOD.

I PLACE my trust in God this day. I acknowledge Him as the controlling power in my life. With my trust centered in God I am poised, calm, and serene in all circumstances. I rely fully on Him in all things. With my thoughts and feelings centered in God I am in control of my emotions, and the inner control I maintain shows forth in my whole life. Everything that concerns me responds to the peace, the calmness, the poise, and the tranquillity that I feel and express.

Through prayer I come into a realization of oneness with God. Through prayer I let go of every thought or feeling that heretofore has made me tense or anxious. Through prayer I free my mind from doubt and worry. I know with all my being, that God is in charge of my life and affairs. His peace and order fill my mind; His serene Spirit blesses and harmonizes my emotions. His goodness, joy, and abundance flow through me to bless and to enrich my life and affairs. My entire life responds to my feeling of trust in God.

♦ *Blessed is the man that maketh Jehovah his trust.*
—PSALMS 40:4.

I LIFT UP MY VISION TO THE RADIANT SPIRIT OF CHRIST WITHIN ME.

THERE IS a presence within you filled with grace and healing. Whenever you lift your vision to this indwelling presence of light, contact is established and the harmonizing power of the Christ immediately begins to flow throughout every part of your being.

There is transforming power in the mere act of lifting your vision, of turning your attention away from appearances to the all-radiant Spirit within.

Look away from symptoms of disease to the body of light that shines beneath the surface of flesh and bone.

Look away from lack to the inexhaustible reservoirs of supply in Spirit.

Keep your vision turned from what you do not desire to what you do desire, and what you see will be brought forth.

Affirm: I lift up my eyes from outer appearances to the radiant Spirit of Christ within me. I rejoice that even now His healing grace is dissolving all the chains that bind me, setting me free.

♦ *Look unto me, and be ye saved.—Isa. 45:22.*

JUNE 25

Tuesday

I AM OPEN AND RECEPTIVE TO DIVINE GUIDANCE.

WHEN WE are in a situation where a decision needs to be made by us and we find it difficult to make up our minds, it may be helpful to us to weigh the matter objectively. It may help us to look at the situation with impersonal eyes, perhaps to take a pencil and paper and list reasons that we can see both for and against a particular decision. In taking an objective and impersonal view of a situation, we get ourselves out of the way, and it is easier for our minds to receive the inspiration of Spirit.

Our decision may not be based on the conclusions of our "for and against" list, but the point is that when we take some definite step toward making a decision, it seems that light breaks through and we are able to say, "I see." And when we see with spiritual insight, we are free from wavering or doubtful feelings, we are open and receptive to divine guidance, and we go ahead with our decision happily, easily, and successfully.

¶ *Choose you this day whom ye will serve . . . as for me and my house, we will serve the LORD.*—JOSH. 24:15 (A.V.).

Wednesday

JUNE 26

I BELIEVE IN HEALING. I BELIEVE THAT "WITH GOD ALL THINGS ARE POSSIBLE."

THERE IS no condition that cannot be healed, for "with God all things are possible." We need to affirm this again and again until it is an established idea in our minds. We need to deny the belief that some conditions are beyond God's power to heal, that some conditions are incurable. Whatever the diagnosis, whatever the condition, there is never anything that is greater than God, never any condition that is hopeless in God's sight.

It is always right to pray for healing; it is always right to pray for restoration; it is always right to pray for the return of strength and power and vitality.

In any time of need for healing, affirm and reaffirm your faith in the healing power of God. Remind yourself that "with God all things are possible." And pray in faith, with your thoughts centered in the idea of the healing, transforming life of God, which is the substance of the body, the essence of even the smallest cell. Pray in faith, believing.

♦ *With God all things are possible.—MATT. 19:26.*

*T*hursday

TODAY I JOYOUSLY DO EACH JOB THAT LIES BEFORE ME.

TODAY I joyously do whatever lies before me. Perhaps the job that lies before me is a routine task taking no particular effort. Then I do it to the rhythm of a favorite song—singing aloud if I am alone, silently if others are working near me.

If a difficult job has been put off because I have been timid about tackling it, I put it off no longer. This is a day which the Lord has made; I am His child; I can do all things through Him who strengthens me. And surprisingly enough, jobs undertaken in this consciousness give me real joy and a sense of achievement in my work.

If many little tasks confront me, so that I become confused, I stop a moment. I pray for orderliness, for effectiveness, for concentration. Then I take one job at a time; I go along smoothly, easily, and prayerfully until all tasks are done.

Work so done is a joy and a blessing. As I do each job faithfully, horizons open up that lead to new service and achievement.

♦ *Whatsoever thy hand findeth to do, do it with thy might.*—ECCLES. 9:10.

Friday

JUNE 28

THE LIGHT OF GOD SURROUNDS ME;
THE LOVE OF GOD INFOLDS ME;
THE POWER OF GOD PROTECTS ME;
THE PRESENCE OF GOD WATCHES OVER ME,
WHEREVER I AM, GOD IS.

THIS is the prayer of protection that has been used by thousands of persons in every kind of circumstance. It is the prayer that Silent Unity uses every day as a blessing for all people everywhere.

When we abide continually in the realization that the light of God surrounds us, we can approach new paths with confidence, we can venture forth into the dark, knowing that God is with us to light our way. When we know that the love of God infolds us we feel safe and secure with strangers as well as with friends; we feel strong in the midst of uncertainty; we feel equal to any task or assignment.

When we know that the power of God protects us, that the presence of God watches over us, that wherever we are, God is, we are strong and very courageous in every circumstance, in every place.

Wherever we are, God is.

♦ *Whither shall I go from thy Spirit?—PSALMS 139:7*

MY LIFE IS "HID WITH CHRIST IN GOD."

WE ARE eternal, ageless Spirit. Our life did not begin when we were born nor does it end when we die. Our life, our spirit, the self of us that is eternal, is forever "hid with Christ in God."

When we think about ourselves as spiritual beings we are not grieved or disheartened by the loss of loved ones, for we include them in this thought too. And because we know that the spiritual self of them can never die, because we know that though all things change, nothing ceases to be, we can release them to God.

With Paul, "now we see in a mirror darkly," but even when we do not see the whole picture of God's plan and purpose for His children and His creation, we can trust that His plan and purpose are good and that His love for His children is unending and unfailing.

There is nothing to fear for yourself or for a loved one, for "your life is hid with Christ in God."

* *Set your mind on the things that are above, not on the things that are upon the earth. For . . . your life is hid with Christ in God.—COL. 3:2, 3.*

Sunday

JUNE 30

BLESSED ARE MY EYES, FOR THEY SEE.

MY EYES are the windows of my mind, and my mind is one with God-Mind. Therefore, I see as God sees. God's perfection is infinite, and my eyes are filled with the perfection of Spirit.

My eyes are obedient to the intelligence of God-Mind in me. My mind is filled with thoughts of life, and my eyes are filled with new life. My mind is free from all tension, strain, or worry, and my eyes are free from tension and strain. I see all things as God sees them: perfect and beautiful, and without distortion or weakness.

I pray, "Father, teach me Your will and Your way. Let my mind be free from all doubt; let my heart be receptive to Your love; let my eyes be filled with Your light. Let me be so filled with Your peace that my whole body may be filled to overflowing with Your presence."

I am ageless—vitally alive. I am radiant with the pure life and light of God. I give thanks that through God I see perfectly; I give thanks that my vision is increased to take in more of God's good. Blessed are my eyes, for they see!

♦ *Blessed are your eyes, for they see.—MATT. 13:16.*

You Can Help Promote World Peace

Unity contributes to world peace through its Good Neighbor Fund. The Unity literature that this organization sends into other countries helps to promote real understanding and unity among people everywhere.

Unity's Good Neighbor Fund is supported entirely by the love offerings of Unity friends. If you would like to help in this worthwhile cause, your contribution will be appreciated.

Where Unity Friends Get Together

At more than 250 Unity centers, Unity students and friends are attending healing services, Sunday-school classes, and study groups and finding the way to a richer, freer, happier life. Why not visit your local Unity center and join in the many activities offered?

Consult your telephone directory, or write directly to Unity headquarters for the location of the center nearest you.

Help Us to Serve You Better

If your letter to Unity includes a prayer request or report to Silent Unity, will you please write that request on a separate sheet of paper, with your complete name and address? In this way, two departments can handle your letter at the same time. Thank you.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

IF HE DESERVES THE VERY BEST . . .



No matter what you pay, you cannot give a more valuable, a more worthwhile Father's Day gift than *Good Business*. It gives practical help in applying Christianity—the best basis for business practices known.

For instance, an article in the June issue of *Good Business* discusses a group which comprises more than one-fourth of the wage-earners in the United States. Avery Hillis analyzes the role labor unions play in contemporary business practices in "Looking Forward with Labor Unions." His message will give all who read it a better understanding of the aims and hopes of this important force.

The true articles that *Good Business* offers shows how Christian principles work for good in every field of human endeavor and makes constructive suggestions for furthering the practice of Christianity in the business world.

Any man will welcome the informative news, the practical suggestions, and the inspiring ideas he finds in *Good Business*. It is priced at only \$1 for a year's subscription.

(Father's Day is June 16 this year, so mail your order as soon as possible.)

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

WILL YOU HELP UNITY TO REACH MORE PEOPLE?

Do you have friends whom you have been wanting to introduce to Truth? Being a **DAILY WORD** reader, you know what a change the Unity teaching can make in a person's life. You know that millions have been helped by learning to understand and use the power they have.

Now is an especially good time to help your friends, for the July issues of both **DAILY WORD** and *Weekly Unity* are being especially prepared to introduce Truth to beginners. In July, *Weekly Unity* will contain a series of articles by Constance Foster, W. G. Montgomery, and Mary Louise Kupferle, while the July **DAILY WORD** will offer a special article by James Dillett Freeman.

You can help your friends by sending them a subscription for either magazine as your gift, so that they can read these special articles. Either **DAILY WORD** or *Weekly Unity* is \$1 a year. (Be sure to specify that your gift subscriptions begin with the July issue.)

As you write the name of each friend on your order, hold the thought that your gift will help him to find new strength, happiness, and freedom—to build a better life.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

DO YOU HAVE THIS PROSPERITY HABIT?

"The Prosperity Bank on my dresser signals me each morning to stop for a few moments in silence with God," writes a friend. "There is always a coin in my pocket for the Bank, and after depositing it, I go on my way to the office, serene in the knowledge that God is directing me in every way."

Why not train yourself to accept the good the Father is endlessly offering you by building the Prosperity Bank habit into your daily life? The money you save in your Bank may be used to send **DAILY WORD** to the friends you list on the coupon below:

Unity School of Christianity, Lee's Summit, Mo.

----- PLEASE PRINT -----

Here is my order for three **DAILY WORD** gift subscriptions and a Bank in which to save the \$3 cost of these subscriptions.

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Please indicate postal zone number, if cities are so divided.

D-6-57

How to Improve Your Life

You are invited to join in the Unity Summer Demonstration Program this year. "How to Improve Your Life" is its theme, and Truth students everywhere will unite in praying and working toward that goal.

The book *Special Methods for Attaining Spiritual Mastery*, by George LeRoy Dale, has been chosen for this program. Doctor Dale, the highly-esteemed Registrar of the Unity Training School, gives in this book much valuable help toward overcoming everyday infractions of spiritual law where we fail to measure up to the Truth standard. This book offers sixteen "how-to" chapters, several introductory chapters, plus more than twelve question-and-answer chapters on habits that we may wish to overcome.

A special guide booklet titled *How to Improve Your Life* has been prepared for the program and accompanies the book without charge. *Special Methods for Attaining Spiritual Mastery* is \$1. Why not order your copy today and join in this program? (If you already have the book, you may have the guide free on request.)



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

A Day in June

ELEANOR HALBROOK ZIMMERMAN

A day in June is of such precious worth
That naught on earth could purchase it, it
glows

With all the dearest mysteries of earth
And that deep shining joy which God
bestows.

It is the music of a distant world
Attuned to human ears; it is the dance
Of many brave and gallant flags unfurled
Regardless of most frowning circumstance.
Here is the resurrection, and the peace
Of certainties; here is the answered prayer,
The wealth of blessings that shall never
cease;

The love that builds our heaven every-
where

And makes us children of God's kingdom,
free

To pray, to dream, to do, to dare, to be!

